



Specialist Centre for Orthopaedic Surgery

Patient Label

ANKLE ARTHROSCOPY AND STABILISATION Consent Form

CONDITION AND PROCEDURE

Dr Kaushik Hazratwala has explained that I have the following condition:

.....
.....

The following procedure will be performed to the.....Ankle(s):

Treatment of lesions of cartilage and /or loose bodies in the ankle and /or to determine the cause of pain in the ankle. A general anaesthetic is given. A telescope and instruments are passed into little cuts around the ankle joint.

Stabilisation of the ankle by either repairing ligaments or using a tendon to replace the ligaments.

ANAESTHETIC

The administration of an anaesthetic and/or medicines may be needed in association with this operation/procedure and/or treatment and as such these carry some risks.

GENERAL RISKS OF A PROCEDURE

They include:

- (a) Small areas of the lungs may collapse, increasing the risk of chest
- (b) infection. This may need antibiotics and physiotherapy.
- (b) Clots in the legs with pain and swelling. Rarely part of this clot may break off and go to the lungs which can be fatal.
- (c) A heart attack because of strain on the heart or a stroke.
- (d) Death is possible due to the procedure.

RISKS OF THIS PROCEDURE

There are some risks/ complications, which include:

- (a) Numbness associated with the use of tourniquet with nerve and muscle damage at the site where the tourniquet was placed. This may be temporary or permanent.
- (b) Skin death under the tourniquet, which may require further dressings and / or surgery and skin grafting.
- (c) Injury to nerve or tendon at the site of the cut. This may cause long term numbness or weakness.
- (d) Breakage of instruments in the ankle requiring a large cut and the joint being opened to remove the instruments
- (e) Scoring or damage to the cartilage.
- (f) The condition may not improve and symptoms and pain may persist. This may or may not settle in time.
- (g) Incidence of infection inside the ankle. This may require further surgery and antibiotics.
- (h) Abnormal pain response to surgery with worsening of pain and disability.
- (i) The surgical cut may cause changes to the sensation and colour of the limb.
- (j) In some people, healing of the wound may be abnormal and the wound can be thickened and

red and the scar may be painful.

(k) Increased risk in obese people of wound infection, chest infection, heart and lung complications and thrombosis.

(l) Increased risk in smokers of wound and chest infections, heart and lung complications and thrombosis.

SIGNIFICANT RISKS AND RELEVANT TREATMENT OPTIONS

Dr Kaushik Hazratwala has explained any significant risks and problems specific to me, and the likely outcomes if complications occur.

Dr Kaushik Hazratwala has also explained relevant treatment options as well as the risks of not having the procedure.

PATIENT CONSENT

I acknowledge that:

- Dr Kaushik Hazratwala has explained my medical condition and the proposed procedure. I understand the risks of the procedure, including the risks that are specific to me, and the likely outcomes.
- Dr Kaushik Hazratwala has explained other relevant treatment options and their associated risks.
- Dr Kaushik Hazratwala has explained my prognosis and the risks of not having the procedure.
- I was able to ask questions and raise concerns with Dr Hazratwala about my condition, the procedure and its risks, and my treatment options. My questions and concerns have been discussed and answered to my satisfaction.
- I understand that the procedure may include a blood transfusion.
- I understand that if organs or tissues are removed during the surgery, that these may be retained for tests for a period of time and then disposed of sensitively by the hospital.
- Dr Kaushik Hazratwala has explained to me that if immediate life-threatening events happen during the procedure, they will be treated accordingly.
- I understand that photographs or video footage may be taken during my operation. These may then be used for teaching health professionals. You will not be identified in any photo or video.
- I understand that no guarantee has been made that the procedure will improve the condition, and that the procedure may make my condition worse.

**On the basis of the above statements,
I REQUEST TO HAVE THE PROCEDURE.**

Name:

Date:

Signature:

DOCTOR'S STATEMENT

I Dr Kaushik Hazratwala have explained

- the patient's condition
 - need for treatment
 - the procedure and the risks
 - relevant treatment options and their risks
 - likely consequences if those risks occur
 - the significant risks and problems specific to this patient. I have given the patient the opportunity to ask questions about any of the above matters and raise any other concerns, which I have answered as fully as possible.
- I am of the opinion that the patient understood the above information.

Dr Kaushik Hazratwala

Orthopaedic Surgeon

214647HF

Date: