



Specialist Centre for Orthopaedic Surgery

Patient Label
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## **ANTERIOR CRUCIATE LIGAMENT RECONSTRUCTION**

Consent Form

### **CONDITION AND PROCEDURE**

Dr. Kaushik Hazratwala has explained that I have the following condition:

.....  
The following procedure will be performed to the .....knee(s):

Replacement of a cruciate ligament which has been ruptured. A graft is taken from the hamstring tendons or from the front of the knee to replace the cruciate ligament.

### **GENERAL RISKS OF A PROCEDURE**

They include:

- (a) Small areas of the lungs may collapse, increasing the risk of chest infection. This may need antibiotics and physiotherapy.
- (b) Clots in the legs with pain and swelling. Rarely part of this clot may break off and go to the lungs which can be fatal.
- (c) A heart attack because of strain on the heart or a stroke.
- (d) Death is possible due to the procedure.

### **RISKS OF THIS PROCEDURE**

There are some risks/ complications, which include:

- (a) Numbness associated with the use of tourniquet with nerve and muscle damage at the site where the tourniquet was placed. This may be temporary or permanent.
- (b) Skin death under the tourniquet, which may require further dressings and / or surgery and skin grafting.
- (c) Rupture of the graft. This may require further surgery.
- (d) Infection in the knee which sometimes requires removal of the graft and washing out of the knee, leaving a stiff knee.
- (e) The surgery may not work and the knee may continue to give way.
- (f) Stiffness of the knee. This may be temporary or permanent.
- (g) Abnormal pain response to surgery with worsening of pain and disability.
- (h) The surgical cut may cause changes to the sensation and colour of the limb.
- (i) In some people, healing of the wound may be abnormal and the wound can be thickened and red and the scar may be painful.

(j) Increased risk in obese people of wound infection, chest infection, heart and lung complications and thrombosis.

(k) Increased risk in smokers of wound and chest infections, heart and lung complications and thrombosis.

## **SIGNIFICANT RISKS AND RELEVANT TREATMENT OPTIONS**

Dr. Kaushik Hazratwala has explained any significant risks and problems specific to me, and the likely outcomes if complications occur. Dr Kaushik Hazratwala has also explained relevant treatment options as well as the risks of not having the procedure.

## **PATIENT CONSENT**

### **I acknowledge that:**

Dr. Kaushik Hazratwala has explained my medical condition and the proposed procedure. I understand the risks of the procedure, including the risks that are specific to me, and the likely outcomes.

I was able to ask questions and raise concerns with Dr. Kaushik Hazratwala about my condition, the procedure and its risks, and my treatment options. My questions and concerns have been discussed and answered to my satisfaction.

- I understand that the procedure may include a blood transfusion.
- I understand that if organs or tissues are removed during the surgery, that these may be retained for tests for a period of time and then disposed of sensitively by the hospital.

Dr. Kaushik Hazratwala has explained to me that if immediate life-threatening events happen during the procedure, they will be treated accordingly.

- I understand that photographs or video footage may be taken during my operation. These may then be used for teaching health professionals. You will not be identified in any photo or video.
- I understand that no guarantee has been made that the procedure will improve the condition, and that the procedure may make my condition worse.

On the basis of the above statements,

## **REQUEST TO HAVE THE PROCEDURE.**

Name:

Date:

Signature:

## **DOCTOR'S STATEMENT**

I Dr. Kaushik Hazratwala have explained

- the patient's condition
- need for treatment
- the procedure and the risks
- relevant treatment options and their risks
- likely consequences if those risks occur
- the significant risks and problems specific to this patient.

I have given the patient an opportunity to

- ask questions about any of the above matters
- raise any other concerns

which I have answered as fully as possible.

I am of the opinion that the patient understood the above information.

**Dr. Kaushik Hazratwala**

Orthopaedic Surgeon

214647HF

**Date:**