



Patient Label

Specialist Centre for Orthopaedic Surgery

UNICOMPARTMENTAL KNEE ARTHROPLASTY & KNEE ARTHROSCOPY +/- TOTAL KNEE ARTHROPLASTY (Partial Knee replacement)

CONDITION AND PROCEDURE

Dr. Kaushik Hazratwala has explained that I have the following condition:

.....

The following procedure will be performed to the.....knee:

A knee arthroscopy (key hole surgery) will be done at the beginning of surgery to determine the condition of the lateral side (outside) of the knee and patella (knee cap). The final decision to proceed with a unicompartmental knee replacement or a total knee replacement will be made at the time of the arthroscopy.

Unicompartmental knee replacement is a partial knee replacement involving replacement of one side of the knee. This is usually done when one part of the knee is affected by arthritis and the remaining parts of the knee are healthy with the cartilage in good condition.

The surgical removal of the diseased part of the joint and replacing with a metal and plastic joint that is attached to the thighbone (femur) and the shinbone (tibia). This is known as a prosthesis. Bone cement is used to fix the prosthesis to the thigh and shin bone.

GENERAL RISKS OF A PROCEDURE

They include:

- (a) Small areas of the lungs may collapse, increasing the risk of chest infection. This may need antibiotics and physiotherapy.
- (b) Clots in the legs with pain and swelling. Rarely part of this clot may break off and go to the lungs which can be fatal.
- (c) A heart attack, due to strain on the heart or a stroke.
- (d) Death is possible due to the procedure.
- (e) Increased risk in obese people of wound infection, chest infection, heart and lung complications, and thrombosis.
- (f) Increased risk in smokers of wound and chest infections, heart and lung complications and thrombosis.

RISKS OF THIS PROCEDURE

There are some risks/ complications. The risks include:

- (a) Blood clots can form in the legs. The clots can break off and travel to the lungs and can cause death.
- (b) Wound infection. This may require antibiotics, further surgery and possibly the new knee joint to be removed, and possible leg amputation.
- (c) The knee joint can dislocate. Re-operation is required to correct this.
- (d) The bones around the joint may break during or after surgery. A plaster may be required to repair the break or further surgery may be required.
- (e) The artificial joint may fail or wear out. Surgical revision of the knee joint replacement may be required.
- (f) Numbness at the side of the cut can happen. This may be temporary or permanent.

- (g) Damage to the peroneal nerve around the knee during surgery. This may be temporary or permanent. Further surgery may be necessary.
- (h) Damage to the blood vessel behind the knee during surgery. Surgery on the blood vessel will be needed and sometimes leg amputation.
- (i) Damage to the nerves may cause a burning pain and inability to straighten the leg. A nerve block may be used to relieve the pain and the leg manipulated.
- (j) Stiffening of the knee after the surgery causing difficulty in walking and sitting and pain on movement. Manipulation and possibly further surgery may be required.
- (k) In some people, healing of the wound may be abnormal and the wound can be thickened and red and the scar may be painful.
- (l) Infection to the prosthesis via the bloodstream in the following years after replacement surgery. The knee joint may have to be removed. To prevent this, you will need to have antibiotics before other procedures and dental work.
- (m) Death is rare due to knee replacement

SIGNIFICANT RISKS AND RELEVANT TREATMENT OPTIONS

Dr. Kaushik Hazratwala has explained any significant risks and problems specific to me, and the likely outcomes if complications occur. Dr. Kaushik Hazratwala has also explained relevant treatment options as well as the risks of not having the procedure.

PATIENT CONSENT

I acknowledge that:

Dr. Kaushik Hazratwala has explained my medical condition and the proposed procedure. I understand the risks of the procedure, including the risks that are specific to me, and the likely outcomes.

Dr. Kaushik Hazratwala has explained other relevant treatment options and their associated risks. Dr. Kaushik Hazratwala has explained my prognosis and the risks of not having the procedure. risks.

I was able to ask questions and raise concerns with Dr. Kaushik Hazratwala about my condition, the procedure and its risks, and my treatment options. My questions and concerns have been discussed and answered to my satisfaction.

- I understand that the procedure may include a blood transfusion.
- I understand that if organs or tissues are removed during the surgery, that these may be retained for tests for a period of time and then disposed of sensitively by the hospital.

Dr. Kaushik Hazratwala has explained to me that if immediate life-threatening events happen during the procedure, they will be treated accordingly.

- I understand that photographs or video footage may be taken during my operation. These may then be used for teaching health professionals. You will not be identified in any photo or video.
- I understand that no guarantee has been made that the procedure will improve the condition, and that the procedure may make my condition worse.

My information and operation details will be given in confidence, for quality assurance purposes to the manufacturer of my new knee and to the Australian National Joint Replacement Registry.

On the basis of the previous statements,
I REQUEST TO HAVE THE PROCEDURE.

Name:

Date:

Signature:

DOCTOR'S STATEMENT

I have explained

- the patient's condition
- need for treatment
- the procedure and the risks
- relevant treatment options and their risks
- likely consequences if those risks occur
- the significant risks and problems specific to this patient.

I have given the patient/ substitute decision-maker an opportunity to

- ask questions about any of the above matters

- raise any other concerns which I have answered as fully as possible.

I am of the opinion that the patient/ substitute decision-maker understood the above information.

Dr. Kaushik Hazratwala

Orthopaedic Surgeon
214647HF

Date